

Concept for opening the dance studio under the official requirements of the Hanseatic City of Hamburg as of 23.05.2021

According to the Hamburg regulation for the containment of the spread of the coronavirus SARS-CoV-2, from 22.05.2021

Before arrival:

- Adolescent course participants 14 years of age and older and adult course participants please send an **official proof of a negative coronavirus test, updated daily prior to the start of the course to: coronatest@stepbystep-tanz.de**. Acceptable is a PCR test or a PoC antigen test (rapid test).
If students have already been tested at school on the same day, an appropriate school on the same day, official proof of the school can be sent or presented.

Students are not allowed to enter the dance studio without a negative test result.

This does not apply to those who have been vaccinated or have recovered.

Proof must be presented.

If there are symptoms of illness, a negative test result is also not permitted.

The test results are stored in a test logbook in order to be able to present them to the public health authorities, if required. After 4 weeks the data and evidence will be deleted.

- **The test obligation also exists for all teachers, employees, interns of the dance studio.**

Your arrival at the dance studio

- **The courtyard** in front of the dance studio **is not available for parking** for Step by Step Members, in order to provide the necessary distance for all pedestrians in the courtyard. Please walk your children across the courtyard or come alone. This applies to ALL!
Bicycle racks are plentiful and may be used.
- The drive through to the private area of the residents behind the dance studio may not be walked on.
- A **distance of 1.5 meters from other persons** in the courtyard is to be observed at all times.

- In front of the entrance to the dance studio, appropriate **waiting positions** for the Course participants recorded at a minimum distance from each other. **The entrance is only for the course participants.** Accompanying persons are not allowed to enter the access to the dance studio. **(Exception 3-4 year olds accompanied by a person).**
- **CHECK IN Contact Tracking:** Upon entering the dance studio, all youth and adult class Participants and adult participants, as well as persons accompanying young children, check in via the Luca App or the Corona Warn app using the posted QR code. (Please check out again in the app after leaving the course). If you do not use these apps, there are also forms to fill out ready.
- **Avoid having escorts wait outside the dance studio if possible.**
Students will stand on the markers in the waiting line.
They are not allowed to enter the dance studio until they are asked to do so.
- **Mouth and nose coverings** must be worn everywhere in the dance studio, including on the way to the dance room. (no mask is worn in class!).
- Course participants will take off their shoes in the entrance area as usual. The entrance area has been enlarged, so that there is always the possibility to keep the minimum distance always and everywhere.
- **Please come already ready for the course in training clothes** and have the possibility to leave your jacket and bag in the front locker room. In the locker room only two people at a time, with a minimum distance of 1.5 - 2 meters.
The stay is intended only for depositing or collecting clothes or bags, after that the locker room must be left immediately. The back locker room is closed.
- Students will walk across the hallway to the dance room and immediately take one of the **marked dance areas.**
- The **lounge area** in the dance studio may not be used.
- The **restroom areas** may only be entered one at a time.
(Exception 3-4 year olds accompanied by one person).

The course plan

- **IMPORTANT! Please inform us in time, if possible at least 2 hours before the beginning of your course, if you can NOT come to the course.**

A short mail or message on the answering machine is sufficient.

- The courses will receive, for the time in which under conditions and restrictions may be taught a new, **PROVISIONAL timetable.**
In the course transitions, where no break is possible, the following students will come to the back lounge area (in front of the toilets) 5 minutes before the start of the course, independently and at a distance from each other to wait for the end of the previous course. The participants of the previous course can then go to the exit without meeting the next group.

This applies only to the courses from 7 years old!!!

- To adhere to this plan, please arrive at the dance studio **5 minutes before the class starts.**

Please leave the dance studio directly after the end of the class. A stay in front of the dance studio, even after the course, is not allowed.

Please do not forget to check out in the app!

The course content

- The dance and movement styles taught at Step by Step require without exception the adherence to the specified minimum distance.

We always ask you to keep a sufficient distance to the dance instructors and other team members.

- The contents of the children's dance classes are also adapted to the distance regulation. There no physical contact takes place, such as a group dance circle or high-fives after the exercises.

- Corrections take place only by distance.

- **Please prepare your children already at home on the topic.**

The toddlers (3-4 year olds and 5-6 year olds) are allowed to bring 1 cuddly toy each, which may be present as a spectator in the movement area. The children are responsible for their own cuddly toy.

The teacher and the other children are not allowed to touch the cuddly toy.

- **Stamps 3-4 year olds:** Stamps are still available, but also by distance. Continue to bring your dance notebooks, we do not stamp on hands.

Hygiene / Disinfection

- **Sufficient hand disinfectant** is available for you in the entrance area when you arrive and leave the dance studio.
- You have the possibility to **wash your hands in the sanitary area** at any time.
- For your **Pilates or workout class, please bring a large, washed bath towel** to cover Your mat.
- The ballet bars, any mats or equipment used, will be disinfected with surface disinfectant after each class.
- Sanitary facilities, door handles, entrance areas, dance floors, etc. are disinfected several times a day.
- **Air purifiers** ensure filtration and exchange of the air in our dance rooms and in the hallways. The rooms are regularly and sufficiently ventilated to ensure air circulation guaranteed.

General

- **Please take care of your health! In case of symptoms like fever, cough or shortness of breath it is not allowed to participate in the dance classes. Please inform us in this case, even if there is a Covid-19 infection in the family.**
- Students who belong to the risk group and are not yet vaccinated should not attend the classes.